

Waskowitz Outdoor School Menu 2019 (4 day week)

	Day 1	Day 2	Day 3	Day 4
Breakfast		Chicken Sausage Links Scrambled Eggs (V) Muffins Bananas Orange Juice	Pancakes (V) Chicken Sausage Links Applesauce Grape Juice	Scrambled Eggs (V) Hash browns Cinnamon Rolls Orange Wedges Apple Juice
Lunch		Chicken & Vegetable Soup Vegetable Soup (V) Rolls/Marg. Grapes Pudding	Turkey Hotdog & Bun Tofu Dog (V) Carrot & Celery Sticks Apples Marshmallows Granola Bars	Breaded Chicken Patty w/Bun Veggie Burger (V) Apple Wedges & Grapes Potato Chips Cookie
Dinner	Beef Tacos w/Flour Tortilla Refried Beans (V) Lettuce, Tomato, Cheese Tortilla Chips Salsa, Sour Cream Brownie	Roast Turkey Rice Pilaf w/Quinoa (V) Corn Caesar Salad Pineapple Tidbits Camp Bread/Marg. Cake	Rotelle Pasta w/White Beans (V) Beef Meatballs Spaghetti Sauce Caesar Salad Garlic Bread Apple Crisp	

Vegetarian entrée options indicated by (V)

This institution is an equal opportunity provider.