

# **Middle School Track and Field Order of Events 10-6-21**

*This meet will be electronically timed.*

*Adds accepted at timing table for injury/illness only.*

Call				MEETS START 3:15 OR SOON AFTER BASED ON BUS ARRIVAL	
Event #	1	2	3	Event	Notes
1				Coed 4 x 200 Meter Relay 7th/8th Combined	1 team per school
2				Girls 1600 Meter Run 6th/7th/8th	unlimited entry/waterfall start
3				Boys 1600 Meter Run 6th/7th/8th	unlimited entry/waterfall start
4				Girls 100 Meter Low Hurdles 7th/8th Combined	up to 4 entries per school 30" on gold arrows
5				Boys 100 Meter Low Hurdles 7th/8th Combined	up to 4 entries per school 33" on gold arrows
6				Girls 100 Meter Dash 6th	up to 4 entries per school
7				Girls 100 Meter Dash 7th	up to 4 entries per school
8				Girls 100 Meter Dash 8th	up to 4 entries per school
9				Boys 100 Meter Dash 6th	up to 4 entries per school
10				Boys 100 Meter Dash 7th	up to 4 entries per school
11				Boys 100 Meter Dash 8th	up to 4 entries per school
12				Girls 4 x 100 Meter Relay 6th	max 2 entries - only 1 scored
13				Girls 4 x 100 Meter Relay 7th	max 2 entries - only 1 scored
14				Girls 4 x 100 Meter Relay 8th	max 2 entries - only 1 scored
15				Boys 4 x 100 Meter Relay 6th	max 2 entries - only 1 scored
16				Boys 4 x 100 Meter Relay 7th	max 2 entries - only 1 scored
17				Boys 4 x 100 Meter Relay 8th	max 2 entries - only 1 scored
18				Girls 400 Meter Run 6th	up to 5 entries per school
19				Girls 400 Meter Run 7th	up to 5 entries per school
20				Girls 400 Meter Run 8th	up to 5 entries per school
21				Boys 400 Meter Run 6th	up to 5 entries per school
22				Boys 400 Meter Run 7th	up to 5 entries per school
23				Boys 400 Meter Run 8th	up to 5 entries per school
24				Co-ed 6th Grade 800 Meter Run	Unlimited entries- Runners stacked in the alley
25				Girls 800 Meter Run 7th/8th Combined	*6th grade not run as coed at Championship
26				Boys 800 Meter Run 7th/8th Combined	
27				Girls 200 Meter Dash 6th Grade	up to 4 entries per school
28				Girls 200 Meter Dash 7th/8th Combined	up to 4 entries per school
29				Boys 200 Meter Dash 6th Grade	up to 4 entries per school
30				Boys 200 Meter Dash 7th/8th Combined	up to 4 entries per school
31				Girls 4 x 400 Meter Relay 7th/8th Combined	max 2 entries - only 1 scored
32				Boys 4 x 400 Meter Relay 7th/8th Combined	max 2 entries - only 1 scored

## **Field Events**

3:15 PM				Boys High Jump 7th/ 8th	4 Entries/3 Attempts
To Follow				Girls High Jump 7th/ 8th	4 Entries/3 Attempts
3:15 PM				Girls Turbo Toss 6th/7th/ 8th	4 Entries/3 Attempts - 3 entries for 6th Grade
To Follow				Boys Turbo Toss 6th/7th/ 8th	4 Entries/3 Attempts - 3 entries for 6th Grade
3:15 PM				Boys/Girls Long Jump 6th/7th/ 8th	4 Entries/3 Attempts - 3 entries for 6th Grade
To Follow				Boys/Girls Triple Jump 7th/ 8th	4 Entries/3 Attempts
3:15 PM				Boys Shot Put 7th/ 8th	4 Entries/3 Attempts
To Follow				Girls Shot Put 7th/ 8th	4 Entries/3 Attempts

**High Jump** Opening Height Boys: 4'0". Opening Height Girls: 3'4". - try one, must finish - 3rd fail=out

**Long Jump** Take off board distance 4'

**Triple Jump** Take off Board Distances - Girls: 16'. Boys: 20' (Athletes may start further away if desired)

**Note 1:** Three Attempts at dual meets **NO FINALS!!!**

**Note 2:** Shot Put weight: 4k for both Boys and Girls

**Note 3:** Turbo Jav weight: 400 grams for both Boys and Girls